

# VA Area District Representative Report

**Prepared for: VAWSC**

**Date of Meeting: August 5, 2023**

**District Name and Number: District 009, Falls Church/McLean/Vienna**

**DR Name and email: Maria Nobile maria00mm@gmail.com**

## **Informational Items:**

Meetings in your District: (total) 11

In-person only: 4

Hybrid: 2

Virtual only: 5

4 groups do not have GRs and the District does not have a secretary.

## **Updates since last meeting:**

- Events or projects the District has completed since last meeting

Pizza Social: Collaborated with Arlington and Springfield/Annandale districts and held a second Pizza Social. Members brought pizza or salad. We had fellowship for an hour and a speaker with discussion for the second hour.

- Events or projects the District is planning:

Chili Social: Partnering with Fairfax and Springfield/Annandale districts to have a hybrid Chili Social on September 29.

- Successes
  - Established a district Zoom account. Training sessions were held and meeting links have been put in place.
  - Debbie P, Area Chair came to July district meeting to share about Concept 4 and a discussion followed.
- Challenges
  - Weekly CATS outreach meetings with Al-Anon are on hold due to changes in hospital procedures.
- Goals – filling District Secretary and District Outreach positions
- Things that are working well
  - GRs are exchanging ideas and suggestions with each other during district meetings.
  - District meetings are well-attended.
- Things that need attention: Encouraging groups with CMAs to fill GR positions.